

Arrange into the correct order how to treat a major bleed

Cut out each box and muddle them up. Give them to the young people to rearrange into the correct order. You may wish to remove the reference to shock – as this is not dealt with until Stage 3.

Lie casualty down and raise injured limb

Examine the wound

Check for embedded objects

Apply pressure to the wound

If there is something in the wound apply pressure either side of it

Raise and support the limb

Dress the wound

If blood seeps through put another dressing on

If blood seeps through second dressing, start again

Check for shock

Call for the emergency services