

Emergency Aid Resources – Stage Two

Know what to do at the scene of an accident

Session Notes:

- There are five steps to follow when you come face to face with an accident. These should be followed in order, with the main object being not to put you in danger. Remember you can't help to anyone if you get injured.
 1. **Check for danger:** as you approach the accident is. For example: if there has been a car accident, are there cars still going by, or if someone has been electrocuted are there any dangerous electrical appliances around. Only if it is safe should you approach the casualty. If not, call the emergency services.
 2. **Check the casualties.** Find out how many people are hurt.
 3. **Get help.** If anyone is seriously injured, call out an ambulance – tell the operator how many casualties are involved and where the accident has happened. If you are not sure what to do find an adult like your parents or your teacher for help.
 4. **Give emergency aid.** If the casualty is conscious, find out more about the accident. Ask them what happened, how long ago the accident took place, where it took place (it may not be at the scene).
 5. **Check the casualties.** Continue to check the casualties regularly until help arrives. If you think they are getting worse find an adult to help you. Give all relevant information you have to the emergency services when they arrive.

Additional information:

- Make use of bystanders. They may know where you are better than you do. They can also help make the area safe.
- Listen. When talking to the casualty, they may be able to give you vital information about the accident and you can work out what happened to them.
- The most important thing to remember from this session is that you should NEVER put yourself in danger when approaching an incident. If it is a road accident involving vehicles, look for smoke, fire and hazardous chemicals. The first move may be asking the driver to turn off the engine.

Calling the Emergency Services:

1. Dial 999 or 112, both are free to dial and will get you through the Emergency Services.
2. The operator will ask whether you want the Fire Service, Ambulance or Police, if you are not sure explain the situation.
3. When you get put through to the right service, they will ask you a series of questions which will help them to respond to you.