

Arrange into the correct order how to treat burns and scalds

Cut out each box and muddle them up. Give them to the young people to rearrange into the correct order. You may wish to remove the reference to shock as this is not dealt with until Stage 3.

Cool burn

Don't over cool – it can cause hypothermia

Raise limb if possible

Put gloves on

Remove rings, bracelets, watches etc

Don't remove clothing stuck on burn

Cover the burn

If necessary treat for shock

Call for an ambulance if necessary